



Week 2 Term 2

PRINCIPAL'S MESSAGE

INFORMATION ABOUT SCHOOL EXCURSIONS

Dear parents and carers

Each term at least one excursion or (Out the Gate Experience) is planned for each class (p-2).

Excursions are an important part of children's learning.

When planning an excursion, we refer to the Education Directorate's policy and consider these points from that policy:

- Educational excursions should provide enriching experiences for students in a variety of environments
- Schools should plan excursions in the context of the total educational program of the school
- An excursion must be directly related to the curriculum and not predominantly recreation
- Arrangements are made for any student unable to participate in an excursion by having alternative activities and/or strategies available at school
- The school is responsible for gaining informed consent by ensuring that parental information, and medical and consent forms are issued where appropriate and completed and returned **prior** to the excursion

Note the last point in particular. If we have not received a permission form before the day of the excursion, children will not be able to attend.

Farm trip permission notes are now overdue. Please complete and return to school.

We want every child to experience the trip to the farm.

Regards
Principal Mary

REMINDERS

Saturday 6 May

LECS P&C School Fete @ 10am – 2pm

Thursday 11 May

Transition to Year 3 Information Session @ 3.30pm

NO NUTS or CHICK PEAS are to be brought to school. We are an Anaphylaxis-Aware school

FARMYARD EXCURSIONS – WEEK 3

Farmyard Nursery excursions will take place next week (**Week 3**) between 9.30am and 12.30pm.

Here's a reminder of the dates each learning group will be visiting the farm:

Monday 8 May
Karobean 1 & Anuna

Tuesday 9 May
Cooinda

Wednesday 10 May
Euroa & Nunkeri

Thursday 11 May
Tatham & Bodalla

Friday 12 May
Tathra & Karobean 2

Children must wear closed footwear and weather-appropriate clothing for the excursion. They also need a water bottle and morning tea.

Parent helpers must visit Front Office to complete volunteering paperwork prior to this excursion then sign in and out of our Volunteer Register on excursion days. Thank you 😊

LECS P&C FETE

THIS SATURDAY 6 MAY !!

LECS SCHOOL FETE TOMORROW

*Please come along
and support our school*

Drop donations of cakes to
school from 2.45pm Friday
OR
directly to the Cake Stall
on Saturday 6 May

SCHOLASTIC BOOK CLUB ORDERS

Issue 3 Book Club catalogues were distributed to students this week. Please remember that all orders are placed online through the new LOOP platform.

Details can be found at the link below:



All orders must be placed by **Sunday 14 May**
Thank you

MUSICA VIVA PERFORMANCE @ LECS ON MAY 30

Taranga of Musica Viva will visit LECS on Tuesday 30 May to perform West African Music and Dance.

Children will be able to see and participate in the live performance and make connections to their own cultures, learning and experiences. Notes regarding attendance and cost for students will be distributed soon. Parents, carers, younger siblings and members of the LECS community are invited to attend free of charge.

THE CASE FOR NATURAL PLAYGROUNDS – COMMUNITY INFORMATION SESSION

Want to know more about the benefits of natural playgrounds?

Follow this link to an upcoming event:

<http://www.natureplaycbr.org.au/making-the-case-for-natural-playgrounds-community-information-session>

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Information

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UR FaB PROGRAM at LECS

Understanding and Responding to Feelings and Behaviours

Your child's school has volunteered to take part in the *UR FaB* early intervention program for children in Kindy to Year 2. The program focuses on children's emotional and social development. While we are here at LECS, the team will be contributing to the school newsletter and providing information and ideas in regard to supporting children with their social and emotional development.

Today we are focusing on the importance of **'Together Time'**. Children from birth to adulthood need time and attention from their parents. There are a number of benefits to 'Together Time':

- * **It helps a child feel important and loved, and helps children feel closer to their parent.**
- * **The parent and child develop a stronger bond as it encourages communication between the child and the parent, and it provides the child with the opportunity to voice their thoughts and feelings.**
- * **The child has an opportunity to model their parent's behaviour, while the parent can observe and learn about their child's strengths and weaknesses, temperament, activity level, and developmental stage, in order to better know them and guide them.**
- * **Children want to be close to their parents and to be the focus of their emotions and this can be a powerful influence on a child's behaviour.**

Research suggests that it is the quality of the time spent together not the quantity that is important, and that 10 to 15 minutes per day is enough. Quality time involves:

- Play that is directed by the child, and a parent having their full attention to their child's world
Use time together, such as mealtimes, to talk and share a laugh
- Focus on your child's strengths not his/ her weaknesses
- Laugh and have fun; make it enjoyable
- Avoid competing with your child
- Don't focus on the "correct" way or specified rules for a game. Don't use it as a teaching moment
- Model cooperation by doing what your child asks you to do
- Praise and encourage your child's self-discovery and creativity; don't criticize
- Engage in pretend and make-believe with your child
- Curb your desire to give too much help—give just enough support to avoid frustration but not so much you take over your child's exploration
- 'Attention rule' – attend to positive behaviour and ignore negative behaviour (result in increased positive social behaviour in the child). Don't give eye or verbal attention to annoying behaviours
- Use positive communication avoiding criticism
- Use descriptive commenting and praise

Quality time together gives the child the feeling, "my parent cares about me; my parent is willing to do something with me that I enjoy; and my parent did it with a positive attitude".

The parent child relationship is an important factor in your child's social, cognitive and emotional development. In prioritising time together and strengthening the parent child bond, you are helping your child to feel safe and secure.

More on descriptive commenting and praise next time!

The UR FaB Team