

HEADS UP!

A Weekly Update from Lyons Early Childhood School



PRINCIPAL'S MESSAGE

Dear Families

This week we celebrated Children's Week with a shared morning tea in the preschool yard. Children's Week is an opportunity for us, as a school community, to be mindful of our important responsibility to understand, appreciate and care about children.

Children's Week focuses on a variety of issues including the health, care, education, cultural, social and emotional needs of children. This year's theme has been Article 12 of the UN Convention on the Rights of the Child - *"that children's views and opinions are respected. They have the right to respect those views freely on all matters affecting the child and the right to be heard."*

As we continue the journey of rearing confident, happy and safe children, we resolve to listen to our children, to take heed of what they have to say and their perspectives on the world. "This will be good for children, it will be good for all of us." (Sir Peter Cosgrove, Governor General of Australia and Children's Week Patron).

We have a lot to be proud of at LECS, but one of the things that make us the proudest is the environment of respect and tolerance we have been able to create. We teach children to respect themselves, each other and every staff member.

From birth, children need experiences and relationships that show them they're valued, capable human beings. Positive attention, reactions and responses from key grown-ups help children build a picture of how valued they are. Even though your child's world expands when she goes to school, your warmth, love and positive attention are still the biggest influences on her development.

Raising Children Network (raisingchildren.net.au) provides ad-free parenting videos, articles and apps backed by Australian experts. They offer this simple tip: Before you correct your child, ask yourself: does it really matter, or could I just let it go? If you're always correcting your child, this sends the message that your child isn't capable or valued.

This week we farewelled Kylie as she began her maternity leave. We wish her well and look forward to hearing some happy news soon! Jenny is teaching in preschool (Karobean 1) for the rest of the year.

Happy weekend everyone!

Regards

Principal Mary

REMINDERS

Tuesday 30 October

P&C-led Auskick Session – on the Lyons Oval @ 3.15pm – 4.15pm

Wednesday 31 October

Karobean 1 Excursion to the National Arboretum @ 9.30am – 2.15pm

Wednesday 31 October

LECS P&C Meeting in Atrium @ 7.30pm (Last meeting for the year!)

Friday 2 November

Karobean 2 Excursion to the National Arboretum @ 9.30am – 2.15pm

Wednesday 7 November

Grandparents' & Special Friends' Morning @ 8.30 – 10am Visit learning spaces & share morning tea

SWIMMING LESSONS FOR K-2

Swimming lessons will take place this term from **Monday 3 December – Friday 14 December 2018.**

Please return completed swimming notes to LECS Front Office and go online to register your child and make your payment through the Royal Life Saving ACT website.

Please complete and return a note even if your child will not be participating in school swimming lessons. This will assist us with planning.

Enquiries should be directed to Royal Life Saving ACT on 6113 1994.

READING MORNING AT LECS

Would you like to help with reading?

It's not too late to be involved.

Half an hour, once a week, is all it takes to support our students to become more confident readers.

During term 4 we will begin running small groups for children across K-2 to continue to build their skills in reading. If you can help, you will be provided with full training and support (and of course, a hot beverage).

Please email me Aimee.Hunter@ed.act.edu.au if you would like to know more about the program.

Who can help with reading?

Everyone can help with reading! - mums, dads, carers, grandparents, aunts, uncles, friends and neighbours! We require you to commit to at least one 30- minute time slot a week (and we would love if you can commit to more). This will most likely be at 9am on a day between Monday and Friday. You will also need to hold a *Working with Vulnerable People Card*. We will happily assist you with the application process for this card.

Thank you

NEXT WEEK'S KAROBEAN 1 & 2 EXCURSIONS TO THE NATIONAL ARBORETUM

Karobean 1 – Wednesday 31 October

Karobean 2 – Friday 2 November

Please return any outstanding National Arboretum permission notes, and medical forms to LECS Front Office ASAP.

FINANCE REMINDER

Payments for school uniform items, stationery fees and family contributions are accepted either by cash at Front Office or via direct debit.

Your prompt payment supports the effective financial management of our school 😊

Thank you

LIBRARY NEWS

Recall of overdue items

Thank you to families who have responded to recent overdue notices and returned resources to the library. It's not too late to return books no matter how overdue. Please let us know if items have been returned or misplaced.

Book covering

There are more library books that require covering with plastic contact. If you have the time to help with this task, please as at Front Office and we can provide you with the books and the contact.

SCHOLASTIC BOOK CLUB

Orders are due

1 NOVEMBER 2018



LECS P&C MEETING

Last meeting of the year

The next P&C Meeting is at 7.30pm on 31 October 2018.
This will be our final meeting for 2018. All are welcome.

AUSKICK

Tuesday afternoons 3.15 – 4.15pm

Auskick sessions began last Tuesday and I am told it was great fun with 'heaps' of kids participating. Auskick will continue for the next 3 weeks.

WEEKEND SOCIAL EVENT

Sunday 11 November – Cotter Reserve playground/BBQ area

Pencil the details of our next social event in your calendar. More details to follow.

Regards,

LECS P&C Committee

lecspsc@gmail.com

<https://www.facebook.com/groups/LECSPandC/>

Contact
Information

Email:
info@lecs.act.edu.au

Website:
www.lecs.act.edu.au

 Find us on
facebook

Phone
61420044



Protective Behaviours for Parents

An information session for all LECS parents

“How to teach children about personal safety skills”

When: Monday 12 November 8am to 9am

During this session:

- Learn how to teach children about their early warning signs;
- Find out what safe behaviours are;
- Learn how to practise personal safety skills in your family;
- Teach children how to find safe adults to ask for help;
- Teach children about being safe without making them scared;
- Learn important safety rules about touch;
- Find out how to teach children to be the boss of their bodies;
- Learn about stranger safety;
- Find out how to develop a family safety plan.

This session will be run by the Protective Behaviours Trainer and the school psychologist.

Stay and have tea or coffee and a chat after the session

Supervision of children available from 8am in the outdoor play space



 **Woden Community Service**
working together, enriching lives

WCS/ LECS Multicultural Playgroup Holiday Event

Come and join us for food, activities, craft and fun
in celebration of a great year and the holiday season.

Please bring a plate of food to share, no nuts or chickpeas.



Activities including: craft, festive story, song time and outdoor play equipment



Where: Lyons Preschool @ 12 Ulverstone Street, Lyons

When: Wednesday **21 November 2018** 9.30am to 11.30am

Contact: Call Muataza on 6234 6850